



# U.S. MASTERS SWIMMING

## Stroke development and improvement clinic for swimmers of all abilities



### Who should attend?

Any swimmer who wants to improve technique and learn drills that will enable you to continue to refine your stroke. All four strokes will be evaluated and corrected with the use of drills and coach instruction.

- \$50 registration fee
- Must be a current USMS member in order to participate.

**Calling all swimmers!**

Sunday, Sept., 8  
8am – 12pm

**Ned Baumer  
Aquatic Complex**

10440 Black  
Mountain Rd  
San Diego, CA  
92126

Equipment:

Please bring your suit, goggles, fins, paddles and a towel.

More information is available at

[usms.org](https://www.usms.org)

Events