



United States Masters Swimming, Inc.

San Diego-Imperial Masters Swimming
2014 Long Course Championships
to be held at the
UCSD Canyonview West Pool, La Jolla, CA
Sunday, July 27, 2014



Meet Information: Sanctioned by San Diego-Imperial Local Masters Swimming Committee (SI LMSC) for USMS Inc. Schedule of Events: 1 1500 Freestyle, 2 50 Backstroke, 3 100 Breaststroke, 4 200 Freestyle, 5 50 Butterfly, 6 400 Individual Medley, 7 50 Freestyle, 8 200 Breaststroke, 9 100 Backstroke, 10 200 Butterfly, 11 100 Freestyle, 12 200 Individual Medley, 13 50 Breaststroke, 14 100 Freestyle, 15 100 Butterfly, 16 200 Backstroke, 17-19 200 Freestyle Relay (M/W/Mixed), 20-22 400 Medley Relay (M/W/Mixed), 23-25 800 Freestyle Relay (M/W/Mixed), 26-28 200 Medley Relay (M/W/Mixed), 29-31 800 Freestyle Relay (M/W/Mixed), 32 800 Freestyle. Entered Time (mm:ss. hh). Includes fields for Name, USMS #, Address, City/St/Zip, Phone, E-Mail, Birth Date, Age\*, Gender, Club Code, Club Name.

CANCELED
DUE TO
LIGHTNING

Liability This liability release must be signed before a swimmer can be entered into the meet:
"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signature \_\_\_\_\_ Date \_\_\_\_\_

~ FOLD AND MAIL ENTIRE ABOVE ENTRY FORM WITH PAYMENT AND LEGIBLE COPY OF 2014 USMS CARD ~

**San Diego - Imperial Masters Swimming 2014 Long Course Championships**  
**Sunday, July 27, 2014, Sanction # 444-S003**

**Sanction:** Sanctioned by San Diego-Imperial Local Masters Swimming Committee (SI LMSC) for USMS Inc., Sanction #: 444-S003

**Date/Time:** Sunday, July 27, 2014, 8:00 am warm-up, 9:00 am start

**To Be Held At:** UCSD Aquatic Center Canyonview West Pool, La Jolla, CA

**Held At:** Outdoor 50-meter pool with eight lanes, 8' wide & 7' deep, warm-up/warm-down lane.

**Directions:** From Interstate 5: Exit at Genesee Ave, go east, turn right at Campus Point Dr, turn right at Voigt Dr, cross over I-5 bridge, the pool is on your right. Parking is free in student lots on weekends. Campus Map: <http://maps.ucsd.edu/Acrobat/CampusMap.pdf>  
Parking: Use Lot #510 or 403 (Map J-6).  
Pool Info: <http://sportsfac.ucsd.edu/facilities/canyonview/index.html>

**Eligibility:** All persons holding a 2014 United States Masters Swimming (USMS) membership card or a foreign equivalent may participate provided that a legible masters card copy and completed entry form are submitted and the liability release is signed. USMS on-line membership is available at <http://www.usms.org/lmsc/lmscinfoform.php?LMSCID=44>. A USMS membership form can be downloaded from the membership section of the SI LMSC web site at <http://www.SIMasterSwim.org>.

**Entry Fee:** \$5 individual entry fee, \$10 (at fee for "Relay Only" swimmers). Late or no-show fee - Meet individual entries **WILL NOT** be refunded. There will be **NO** refunds.

**To Enter:** Online: [http://www.cchasports.com/club/meet\\_information.cfm?c=132&sm=5656](http://www.cchasports.com/club/meet_information.cfm?c=132&sm=5656)  
By Mail: Mail entry form above w/ signed liability release, a legible copy of your 2014 USMS/foreign card, & check to: [REDACTED]

**Entry Deadline/Key Dates:** Online entries close at 4:00 pm on Saturday, July 26, 2014. Form entries must be received by 4:00 pm on Saturday, July 26, 2014. Pre-Meet Psych Sheets and Estimated Timelines will be e-mailed to the meet roster on the evening of Saturday, July 26, 2014.

**Rules:** USMS rules govern the meet. Officials are certified. Failure to act in a sportsmanlike or safe manner or to cooperate with the officials can result in disqualification from the meet. A USMS Rule Book will be available on deck. The length of the competition course is in compliance and on file with USMS in accordance with USMS Rule Book articles 105.17 and 107.2.1.

**Warm-Up/Warm-Down:** **NO DIVING** and no forward or backstroke starts are permitted in the regular warm-up lanes except in designated pre-meet "one way" one-way lane. Enter all other lanes feet first in a safe manner. During the meet, **NO DIVING** is permitted in warm-up/warm-down lanes.

**Events:** Swimmers may enter up to 5 individual events. Enter accurate long course meters times or estimates, do not omit an entry time or enter "no time."

**Check-In:** Check-in is required for the 1500 & 800 m Freestyle. Check-in closes at 8:45 am for the 1500 and at the end of Event 16 for the 800. All other events are pre-seeded.

**Age Groups:** Individual Events: 18-24, 25-29, 30-34, 35-39, ... in five-year increments as needed.

**Seeding:** All events are seeded slow to fast by entry time regardless of age or gender.

**Timing:** Electronic Timing - Colorado Timing System 5 and two timers per lane. All clubs and participants are required to assist with backup stopwatch timing during the meet.

**Relays:** Relays are \$4 each, deck entered, and due by the end of event #12. Relay-only swimmers must submit a completed entry form with signed liability release, a USMS card copy, & \$10 relay-only entry fee. All 4 swimmers on each relay must belong to the same USMS-member club. Relays must be composed of 4 women, 4 men, or 2 women & 2 men (mixed). A swimmer may swim only once per relay event (gender **OR** mixed). Cumulative age of relay members determines relay age group: 72-99, 100-119, 120-159, 160-199, ... in forty-year increments as needed.

**Information:** Visit <http://www.SIMasterSwim.org> for Entry Form and post-meet results.  
Questions? [REDACTED], [REDACTED]

**SI Meeting:** A San Diego-Imperial LMSC meeting will take place during or following the meet.