

## **SAN DIEGO-IMPERIAL LOCAL MASTERS SWIMMING COMMITTEE (SI LMSC)**

San Diego-Imperial Local Masters Swimming Committee  
SI LMSC web address: [simastersswim.org](http://simastersswim.org)

### **USMS and SI LMSC CALENDAR OF EVENTS**

For up-to-date local, regional, national, postal, long distance, and open water event information, go to the USMS Calendar of Events, [http://www.usms.org/comp/event\\_search.php](http://www.usms.org/comp/event_search.php). Search by zip or city and state.

**FOR ALL SANCTIONED SAN DIEGO-IMPERIAL EVENTS, PLEASE CHECK the USMS CALENDAR OF EVENTS PAGE. Go to: [http://www.usms.org/comp/event\\_search.php](http://www.usms.org/comp/event_search.php).**

Sanctioned events, including open water events, require USMS membership for all participants. Effective Jan. 1, 2013, stringent open water event safety requirements, sanction rules, and a substantial insurance premium surcharge went into effect. New sanction requirements went into effect Oct. 3, 2015.

### **USMS National Championships (Pool)**

Spring National Championship - short course (25) yards or meters, held between April 15 and May 31

Summer National Championship - long course (50) meters, held between August 1 and September 15

For information about current and future USMS National Championships, go to:

[http://www.usms.org/comp/nationals.php?utm\\_campaign=top\\_nav&utm\\_medium=events\\_and\\_results](http://www.usms.org/comp/nationals.php?utm_campaign=top_nav&utm_medium=events_and_results)

### **USMS National Postal (Pool) and Open Water Long Distance Championships**

Postal 1 hour (in a 25-yard or longer pool), from January 1 – 31

Postal 5 and 10 kilometer (in a 50-meter pool), from May 15 – September 15

Postal 3000 and 6000 yard/meter (in a 25-yard or 25-meter pool), from Sept. 15 – Nov. 15

One mile (quarter-mile straightaway or open water course)

Two miles (quarter-mile straightaway)

Open water (greater than 1 and less than or equal to 3 miles)

Open water (greater than 3 and less than 6 miles)

Open water (greater than or equal to 6 miles and less than 9 miles)

Open water (greater than or equal to 9 miles)

For information about current or future events, go to

[http://www.usms.org/longdist/ldchamps.php?utm\\_campaign=top\\_nav&utm\\_medium=events\\_and\\_results](http://www.usms.org/longdist/ldchamps.php?utm_campaign=top_nav&utm_medium=events_and_results)

### **BECOME A MEMBER OF USMS OR RENEW YOUR USMS MEMBERSHIP**

Go to <http://www.usms.org/reg/register.php?LMSCID=44>

### **Find your USMS MEMBERSHIP NUMBER or print a copy of your USMS MEMBERSHIP CARD**

You must submit your current USMS Membership/Registration number when entering an event. Locate your **current USMS membership number** or **print a copy of your USMS card** by going to "<http://www.usms.org/reg/getcard.php>." Fill in the required information; click on the "Get My Card" button.

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### **SI LMSC EVENT ENTRY INFORMATION**

SI LMSC event entry forms are posted on the SI Event Entry Forms page located at "<http://www.simastersswim.org/entry.htm>."

Entry forms are posted after the approved sanction or recognition is issued for the event.

Sanctioned and recognized events are listed on the USMS Calendar of Events page, [http://www.usms.org/comp/event\\_search.php](http://www.usms.org/comp/event_search.php).

**SCY** = Short Course Yards (25 yd pool);

**LCM** = Long Course Meters (50 m pool);

**SCM** = Short Course Meters (25 m pool);

**OW** = Open Water;

**LD** = Long Distance